

## FULL SOUTH TO CUSCO

### DAY 1: Lima To Paracas

- 6:30 - 7:00am** Depart Lima - We pick up directly from hostels and hotels. If staying in an Airbnb just email us. Your booking confirmation (ticket) will show you your exact pick-up time (depends on where you are staying!)
- 8:30 - 9:30am** We stop for a unique breakfast, straight from the bread ovens of MIRASUR – Enjoy some of the freshest baked bread in Peru and watch the local horses as they show the traditional dance of CABALLOS DEL PASO - yes, the horses dance!
- 12:00pm** Arrive Paracas - A beautiful small fishing town by the sea.

**Things To Do** Rent quad bikes or bicycles and explore the reserve, learn how to kite surf, take a long walk on the beach and enjoy some ceviche by the sea, or familiarize yourself with local knowledge and pay a visit to the Paracas Museum.

**Where To Stay** Los Frayles is a beautiful hotel with a pool, free Wi-Fi and private bathrooms for all rooms. Alternatively, if a hostel is more your scene, check out Kokopelli, which is widely believed to be the best hostel in Paracas with a swimming pool and a small bar.

**Insider Tip** For those very short on time, you can take the 6am Express bus from Lima to Paracas, do the Ballestas Islands OR the National Reserve, and then take the 1pm bus from Paracas to Huacachina on the same day.

### DAY 2: Paracas to Huacachina

- 8:00 - 10:00am** EXTRA Ballestas Islands Tour - See the Poor Man's Galapagos and get up close and personal with wildlife such as penguins, sea lions and plenty of other animals in their natural habitat.
- What To Bring** A sun hat, windbreaker and a camera for all those perfect shots!
- 10:30am** FREE Paracas National Reserve Tour - One of South America's biggest protected desert reserves and the first of its kind in Peru.
- What You'll See** Amazing views of the desert meeting the coastline and the unique red beach made up of ruby red sand and formed by natural minerals.
- 12:30pm** Depart Paracas – Meeting point at Los Frayles hotel.
- Important Note** Please arrive 15 minutes before the bus departs and be sure to bring all your luggage to the bus
- 2:00pm** Arrive in Huacachina – The only desert oasis in South America.
- Important Note** Due to the size of the town, we do not pick up or drop off at hotels and hostels here. The central meeting point is Wild Rover hostel.
- 4:00 - 6:00pm** EXTRA Dunebuggy/Sandboarding Tour – Fly up the slopes in a dunebuggy, and sand-board down the biggest dunes in South America
- What To Wear & Bring** Sunscreen, light clothes, sneakers and camera

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### DAY 3: Huacachina to Nazca to Arequipa

<b>11:00am</b>	Depart Huacachina – Meeting point is Wild Rover Hostel.
<b>Important Note</b>	Please arrive 15 minutes before the bus departs and be sure to bring all your luggage to the bus
<b>11:30am</b>	FREE Pisco Vineyard Visit - Try lots of free samples of Pisco, the national drink of Peru and learn all about how it is made, from grape to bottle!
<b>4:30pm</b>	FREE Nazca Lines Viewing Tower Stop - See 3 of the mysterious and world-famous Nazca Lines for free!
<b>5:30pm</b>	Dinner stop in Nazca. Enjoy sublime local cuisine with this buffet meal. Vegetarian options are available!
<b>6:00pm</b>	Depart Nazca- snuggle up with our thick blankets as you prepare for a night on our luxury bus, a rite of passage for all travelers of Peru!

### DAY 4: Arrive to Arequipa

**5:30am** Arrive in Arequipa – Arguably Peru's most beautiful city, the "Ciudad Blanca" to locals, or the White City!

**What To Do** Visit the famous monastery of Saint Catalina, spend some time in the second deepest canyon in the world, the Colca Canyon, indulge in the delectable cuisine of this region, or simply join a free walking tour of this beautiful city!

**Traveler Tip** Arequipa is a big city with plenty to do so if you are looking to extend your travels, we recommend you add a few days here!

### DAY 5: Arequipa (Colca Canyon)

**3:00am - 17:30pm** EXTRA Full Day Colca Canyon Tour - The second deepest Canyon in the world.

**What To Bring** Your passport, your water bottle, a warm jacket, sunglasses and your camera!

**5:30pm** Return Arequipa

**Note** Many travelers find that starting a 2 Day trek or tour after an overnight bus is very tiring. If you are short on time the 1-day tour option might be best for you. To do a Colca Canyon Trek requires a minimum of 3-4 days in Arequipa (you will need at least 1 day to acclimatize properly) and will depend on the option you choose (2 Day/1 Night Trek or 3 Days/2 Nights).

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### DAY 6: Arequipa To Puno To Cusco

- 5:45am** Depart Arequipa – we pick you up from hotels and hostels located in the central city zone. Be ready for pick up 20 minutes before your scheduled departure!
- 9:30am** FREE Lagunillas Mirador Viewpoint - Oversee the stunning Lake Titicaca with its four small islands at 4.174 m above sea level, making it the highest navigable lake in the world.
- 11:00am** Driver stop/ bus swap – travelers heading into Puno will hop into a smaller vehicle that will quickly and easily transport you to Puno, just an hour away!
- 1:00pm** Arrival in Puno - Gateway to the highest navigable lake in the world!

**What To Do** Tours of Lake Titicaca and the legendary man-made floating islands, or check out the Sillustani burial towers.

**Traveler Tip** The altitude here is high, so make sure to drink plenty of water and stay away from heavy food.

**4:30 - 6:30pm** EXTRA Floating Islands of Uros Tour (2 hrs) - These man-made islands are home to the Uros tribe. Climb aboard and learn about the history from the locals themselves.

**9:30pm** Depart Puno – pick up is from your hotels and hostels within the central city zone. Please be at your dedicated meeting point at least 15 minutes in advance.

**Note** 2-hour, full day and 2 day/1-night homestay Lake Titicaca Tours available. For the longer tours, be sure to update your itinerary so you can fit these in.

### DAY 7: Arrive To Cusco

**6:00am** Arrives Cusco - Hotel/hostel drop-off

**What To Do** Cusco is home to the world-famous Machu Picchu citadel, but Machu Picchu is not the only thing that will captivate you. Spend time scaling the Rainbow Mountain, or lose yourself in history in the Sacsayhuaman fortress. There are thousands of incredible things to do here. For any planned tours, we recommend booking via [www.findlocaltrips.com](http://www.findlocaltrips.com)

